

Hugging the coast



Biking up the East Coast Greenway, May – June 2018



East Coast Greenway

Connecting people to place
from Maine to Florida

SPINE ROUTE

COMPLEMENTARY ROUTE

FERRY OR TRANSIT

greenway.org







Florida

A photograph showing two bicycles parked on a paved surface next to a concrete bridge railing. The bicycle in the foreground is brown with a red seat and has a black pannier bag on the handlebars and a large black pannier bag on the rear rack. A white water bottle is attached to the frame. The second bicycle is blue and also has pannier bags. In the background, there is a body of water with a sandy or rocky bottom visible, and a distant shoreline with some buildings under a blue sky with scattered clouds.

Day 1, Key West to Marathon





Day 2, Marathon to Homestead



Day 3, Homestead to Boca Raton



Days 4 & 5, Boca Raton to Stuart, Stuart to Melbourne Beach

















Gatorade-Water
Honor-System
Box Thanks













↑
PEDS
AND
BIKES
ONLY





A photograph of two cyclists riding away on a paved path through a dense forest. The path is wide and light-colored, with dappled sunlight filtering through the trees. The cyclists are in the middle ground, one wearing a blue jacket and the other a red and black jacket. The forest is lush with green trees and foliage, creating a serene and scenic backdrop.

Georgia & South Carolina

8 biking days, 474 miles













Beaufort, SC AirBnB



Lowcountry Bicycles
Beaufort, SC







A photograph of a coastal scene. In the foreground, a person wearing a bright green tank top and black shorts stands on a grassy bank, holding a camera up to take a picture. A black bicycle with large panniers is leaning against a palm tree trunk next to them. In the middle ground, a white motorboat is on the water. A wooden dock is visible to the right. The background shows a flat landscape under a cloudy sky.

Buck Hall Boat Landing on Intracoastal Waterway



**McClellanville, "Boats n'
Hoagies**



Horsefly Alley



Georgetown, SC









North Carolina & Virginia

Wilmington to
Alexandria, 9 biking
days, 555 miles







Elizabethtown Inn



























Nottoway Inn



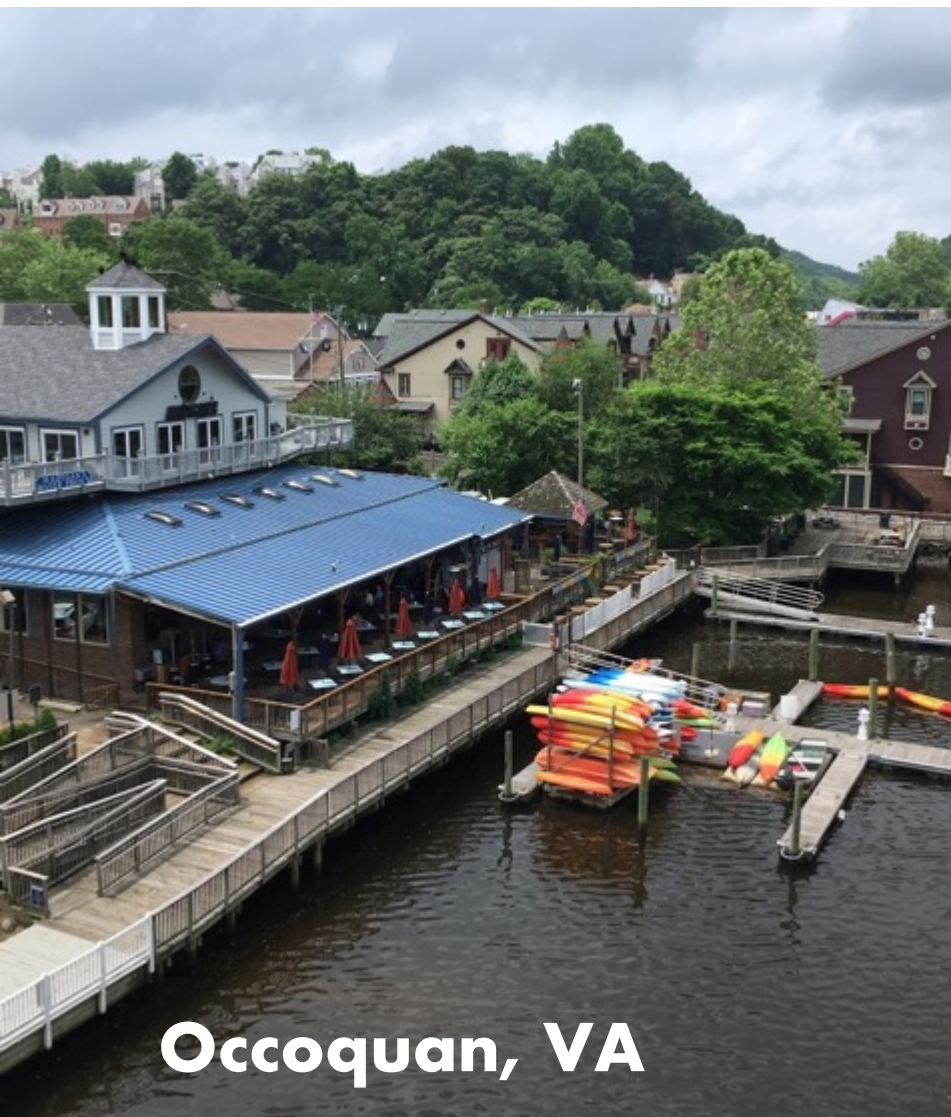
Petersburg















die I want to STOP worrying about TOMORROW

die I want to TRAVEL the world

die I want to finish biking the East Coast Greenway

die I want to Be All used-Up

die I want to

Before I die I

Before I die I

die I w

die I w

die I w

I w





Washington DC to New York City



7 biking days, 348 miles



SPC NO
MOTOR
VEHICLES
BEYOND
THIS POINT























NT
MENTAL
TION
ER

1/4 MILE TIP

Isn't this better
than TV?

Nemours.





DuPont Environmental Education Center
Managed by the Delaware Nature Society

Russell M. Urban Wildlife Refuge
Managed by the Delaware Department of Environmental Control









WELCOME TO MARCUS HOOK, PA.













PNC

BRIDGE
WEIGHT
LIMIT
20
TONS
WALK BIKE
ON RAMP

BIKE PHILLY
AND BEYOND!Explore the region from
behind your handlebarsThe East Coast Greenway Connects
Communities From Canada to Key West

- 1 **Boston, MA**
The Greenway is a key link in the network of trails and paths that connect Boston to the rest of the East Coast.
- 2 **Wilmington, DE**
The Greenway is a key link in the network of trails and paths that connect Wilmington to the rest of the East Coast.
- 3 **Washington, D.C.**
The Greenway is a key link in the network of trails and paths that connect Washington to the rest of the East Coast.
- 4 **Charleston, SC**
The Greenway is a key link in the network of trails and paths that connect Charleston to the rest of the East Coast.
- 5 **Key West, FL**
The Greenway is a key link in the network of trails and paths that connect Key West to the rest of the East Coast.



From the Atlantic Ocean to the Delaware River, the greenway in Philadelphia connects the city to the rest of the East Coast. The greenway is a key link in the network of trails and paths that connect Philadelphia to the rest of the East Coast.

From the Delaware River to the Chesapeake Bay, the greenway in Maryland connects the state to the rest of the East Coast. The greenway is a key link in the network of trails and paths that connect Maryland to the rest of the East Coast.

From the Chesapeake Bay to the Atlantic Ocean, the greenway in Virginia connects the state to the rest of the East Coast. The greenway is a key link in the network of trails and paths that connect Virginia to the rest of the East Coast.

FROM PHILADELPHIA TO KEY WEST, FL 1,861 MILES

972 MILES

FROM PHILADELPHIA TO CALAIS, ME















NYC to Boston

9 biking days, 472 miles





























HOP RIVER STATE PARK TRAIL
← BAILEY RD ANDOVER 1.2 mi
← RT 316 ANDOVER 4.1 mi
BOLTON NOTCH 2.1 mi →
ROSE TRAIL .25 mi →































Boston to Calais, Maine

8 biking days, 426 miles







SALEM
BIKE PATH

Salem



CLIPPER CITY RAIL TRAIL

Trail Rules

Remember to follow the rules of the trail to keep it safe for everyone.

Trail users include: hikers, joggers, bikers, roller skaters, and people pushing their strollers. Please be courteous to all trail users and follow the rules of the trail.

Remember to follow the rules of the trail to keep it safe for everyone.

Signs

Signs are placed along the trail to provide information and directions. Please pay attention to the signs and follow the directions.

Caution

Be alert and watch for hazards on the trail. If you see a hazard, please report it to the trail manager. Do not touch or move any signs or markers.

Other

Do not use the trail for any purpose other than recreation. Do not use the trail for any commercial purpose. Do not use the trail for any illegal activity.

Respect

Respect the trail and the people who use it. Do not litter or leave any trash on the trail. Do not damage any trees or plants.

Helping

Helping the trail manager keep the trail safe and enjoyable for everyone. Please report any problems to the trail manager.

Caution

Be alert and watch for hazards on the trail. If you see a hazard, please report it to the trail manager. Do not touch or move any signs or markers.









R. ANDREWS BRIDGE

ded through the support and generosity of
y of Saco
ine Department of Transportation
eral Highway Administration
itil Corporation
stern Trail Alliance
stern Trail Management District
co and Biddeford Savings Institution

Dedicated November 30, 2011:
an R. Andrews Bridge honors his vision of a
reational trail for the benefit of all, from
th Portland to Kittery, and all his tireless
acy that guided that dream towards reality.







































Welcome to
Calais

bridging culture, commerce and community

