

**KP30.1 Twin Peaks Trainer**

At	Turn	Go	On
0		>.1	Begin Ride
>.1	R	0.8	Hillsborough Road, 1009
0.9	R	0.8	Hillsborough Road, 1009
1.6	L	0.6	Dairyland Road
2.2	R	3.4	Union Grove Church Road
5.6	L	0.5	Arthur Minnis Road
6.2	L	1	Rocky Ridge Road
7.1	R	1.4	Dairyland Road
8.6	L	4.5	Dodsons Crossroads
13.1	L	4.3	White Cross Road
17.4	L	0.4	Crawford Dairy Road
17.9	R	1.1	Jones Ferry Road
18.9	L	3.2	Lamont Norwood Road
22.2	L	1.7	Poythress Road
23.9	R	2.4	Damascus Church Road
26.3	L	0.6	Smith Level Road
26.9	S	0.9	Smith Level Road
27.8	S	>.1	Old Pittsboro Road
27.9	R	0.4	Old Pittsboro Road
28.3	L	0.7	South Greensboro Street
29	S	0.8	North Greensboro Street
29.7	S	0.4	Hillsborough Road, 1009 End of Ride

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