

ZZ30.1 Ottawa 8.21.18

At	Turn	Go	On
0		0.1	Begin Ride
0.1	R	>.1	Cahill Dr
0.2	L	>.1	Turn left
0.2	L	>.1	Cahill Dr
0.2	R	>.1	Turn right to stay on Cahill Dr
0.2	L	>.1	Dazé St
0.2	L	>.1	Bank St/Ottawa Regional Rd 31
0.3	R	>.1	Turn right toward Dazé St
0.3	R	>.1	Turn right toward Dazé St
0.3	L	0.1	Dazé St
0.5	R	>.1	Turn right
0.5	R	>.1	Turn right
0.6	L	>.1	Turn left
0.6	R	>.1	Turn right
0.6	L	>.1	Turn left
0.7	R	>.1	Turn right
0.7	R	0.7	Turn right
1.5	R	1.4	Sawmill Creek Pathway
2.9	L	0.3	Brookfield Pathway
3.2	R	>.1	Turn right
3.2	R	0.3	Turn right
3.5	R	>.1	Turn right toward Heron Rd/Ottawa Regional Rd 16 E
3.5	R	0.2	Heron Rd/Ottawa Regional Rd 16 E
3.8	R	>.1	Turn right
3.8	R	>.1	the ramp to Riverside Dr/Ottawa Regional Rd 19
3.9	L	>.1	Keep left at the fork to continue toward Riverside Dr/Ottawa Regional Rd 19
3.9	L	0.2	Keep left at the fork to continue toward Riverside Dr/Ottawa Regional Rd 19
4.1	L	>.1	Keep left at the fork to continue toward Riverside Dr/Ottawa Regional Rd 19
4.1	R	>.1	Keep right at the fork, follow signs for Riverside Drive E
4.2	S	0.2	Continue toward Riverside Dr/Ottawa Regional Rd 19
4.3	S	>.1	Riverside Dr/Ottawa Regional Rd 19

At TurnGo On

4.4	R	>.1	Turn right toward Riverside Dr/Ottawa Regional Rd 19
4.4	L	>.1	Slight left toward Riverside Dr/Ottawa Regional Rd 19
4.5	L	>.1	Turn left toward Riverside Dr/Ottawa Regional Rd 19
4.5	R	>.1	Turn right toward Riverside Dr/Ottawa Regional Rd 19
4.6	L	>.1	Riverside Dr/Ottawa Regional Rd 19
4.6	R	>.1	Turn right toward Rideau River Eastern Pathway
4.6	L	3.1	Rideau River Eastern Pathway
7.7	L	>.1	Rideau River Pedestrian/Cycling Bridge
7.8	R	>.1	Rideau River Eastern Pathway
7.8	R	0.4	Slight right to stay on Rideau River Eastern Pathway
8.2	L	>.1	Turn left toward Hurdman Bridge
8.3	L	0.1	Hurdman Bridge
8.4	L	0.2	Rideau River Nature Trail
8.6	R	0.2	Turn right
8.8	L	0.1	Turn left to stay on Springhurst Ave
9	R	0.1	Main St/Ottawa Regional Rd 72
9.1	R	0.6	Lees Ave/Ottawa 66
9.7	R	0.3	Turn right
9.9	R	0.1	Sharp right toward Rideau River Pedestrian/Cycling Bridge
10.1	S	0.1	Rideau River Pedestrian/Cycling Bridge
10.2	L	0.2	Rideau River Eastern Pathway
10.4	L	1.2	Slight left to stay on Rideau River Eastern Pathway
11.7	L	0.7	Slight left to stay on Rideau River Eastern Pathway
12.4	L	>.1	Stanley Ave
12.4	L	0.2	Rideau River Eastern Pathway